

RE: Vestibular Assessment

You are booked in to attend Queensland Vestibular + Cochlear Clinic Specialist Audiology for a Vestibular Assessment with Vestibular Specialist Audiologist Grant Collins.

PLEASE ENSURE YOU READ THIS LETTER IN FULL.

ALL CONDITIONS MUST BE ADHERED TO FOR ALL ASSESSMENTS SCHEDULED.

Failure to do so will result in your deposit being forfeited. It is the patient's responsibility to raise and follow up any concerns they may have regarding their ability to adhere to any of the conditions listed. These concerns can only be addressed on email or telephone conversation.

Patient's will need to address these concerns at least 48 hours prior their scheduled assessments/s.

SMS queries will not be addressed.

On the day of your assessment/s (if you have more than one appointment scheduled) you must adhere to the following conditions:

- **you must** arrive 10 minutes prior to your scheduled assessment time (if it is a 7:00 am assessment the doors downstairs will not open until 6:55 - 7:00 am);
- **do not** wear any sunscreen on the face or neck;
- **do not** wear any moisturisers on the face or neck;
- **do not** wear any make-up, in particular mascara or eye-liner and **remove** fake eye lashes;
- if you have long hair please wear it up and/or **bring a hair tie**;
- for men please **be clean shaven** around the neck the morning of the assessment;
- **do not eat anything for 12 hours prior to your scheduled assessment/s** (if you have a mid to late afternoon assessment then you may have a small light breakfast eg. a piece of toast);
- drink as much water you like, keep yourself hydrated;
- **do not** have nicotine for **12 hours prior**;
- **do not** have alcohol, cannabis, cannabis oil or other elicit drugs for **24 hours prior**;
- **ensure your ears are clear of wax – use ClearEars prior to your appointment or arrange an appointment with your GP prior to your scheduled appointments. If your ears are not clean and the Audiologist needs to conduct suctioning during your appointment you will be charged a further \$85 for the assessment;**
- **DO NOT drive** following your assessment/s for **several hours** as testing can cause dizziness/imbalance/nausea. You will need to be driven home following the assessment. Please note that your **insurance may be void** should you choose to drive following your assessment and cause an accident.

DO NOT take any of the following for **between 12-48 hours prior to your assessment/s;**

- ✘ Tranquilizers, sedatives, vestibular suppressants (eg. Stemetil, Serc, ProCalm) – **48 hours**;
- ✘ Migraine Medications, antidepressants (eg amitriptyline) or Prophylaxis (Eg Propranolol) – **24 hours**;
- ✘ Benzodiazepines, strong pain killers including Panadol, Neurofen or vitamins for pain management, Melatonin or Magnesium - **12hrs**

Please refer to final page of this letter for a more detailed list of other medication you will have to stop taking 48 hour prior to you assessment/s.

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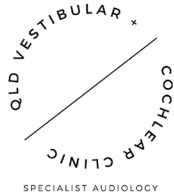
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If you have any concerns or queries regarding any further medications or vitamins you may be taking, please email through to contact@qvcc.com.au as soon as possible. We will require the full name of the medication, dosage, how often you are taking it and what you take it for. We will review and advise if you are able to continue to take or need to stop prior to your assessment/s.

Please advise us **immediately** if you have:

- a grommet insitu;
- any history of chronic middle ear surgery/pathology;
- a lazy eye – specifying which eye;
- you have recently had a pace maker fitted.

Should you experience any **vertigo prior to your assessment/s**, where possible, please have someone (or do yourself) use a smart phone to record your eyes during the episode. With only your eyes moving look left and right for 10 seconds during filming (ie, do not move your head).

If you have fluctuating hearing, ear fullness or tinnitus please download a free hearing screening app – suggestions below:

- Mimi – iphone or android;
- uHear – iphone
- HearingTest – e-audiologia.pl, android or iphone
- hearingWHO – iphone or android

Using the quietest room in your house and with a good set of headphones, measure your hearing when you feel your hearing is at its best. Then repeat under the same conditions (ie same room and headphones) whenever you feel your hearing or tinnitus is worse.

Please bring your phone/results to your assessment.

Cost:

Because of the high clinical service delivery costs and extended waiting times a deposit will be taken at the time of booking. **The deposit payment will be held until such time that all scheduled assessments are attended as per cancellation policy and all pre assessment conditions adhered to. At which time the amount will be put towards the final assessment fee.**

Should you cancel your assessment and fail to give more than 24 hours' notice, and/or have not adhered to all pre-assessment conditions and/or arrive late to your assessment/s, the deposit fee will then be forfeited. Should this occur, another deposit will need to be paid prior to rescheduling another assessment and the same terms will apply. In the event you are unwell on the day of your assessment and unable to provide 24 hours' notice. You will need a valid medical certificate dated the same day of the scheduled assessment to avoid forfeiting your deposit. This medical certificate will need to be provided prior to rescheduling.

Triage 1 - \$765.00* with \$612.85* Medicare rebate back = **\$152.15 gap**

Triage 2 - \$765.00* with \$612.85* Medicare rebate back = **\$152.15 gap**

Triage 2 Meniere's - \$920* with \$792.10* Medicare rebate back = **\$127.90 gap**

Complete Full Assessment in 1 consult (Triage 1 and Triage 2) - \$1220.00* with \$612.85* Medicare rebate back = **\$607.15 gap**

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Meniere's Assessment in 1 consult - \$1220.00* with \$792.10* Medicare rebate back = **\$427.90 gap**

SSCD/Fistula Assessment - \$870.00* with \$612.85* Medicare rebate back = **\$257.15 gap**

BPPV - \$765.00* with \$612.85* Medicare rebate back = **\$152.15gap**

ECOCHG - \$485.00* with \$272.30* Medicare Rebate back = **\$212.70 gap**

Cochlear Implant Candidacy Assessment - \$765.00* with \$612.85* Medicare rebate back = **\$152.15 gap**

**please not prices are subject to change*

Payment and Rebates:

Payment minus any applicable deposit is to be taken in full following each assessment. A Medicare rebate will be then be processed. Medicare rebates can only be rebated onto a **physical card** with a savings or cheque account. They **cannot be refunded onto a credit card**. If you are unable to provide a valid card for the rebate on the day of your assessment a receipt will be provided for you to claim with Medicare either in person or via the Medicare app.

Reports:

Please note, **one copy of all reports and results will be provided to the referring practitioner from your referral only**. If you require copies to be sent to multiple specialists, a copy can be provided to yourself (via a secure email) for you to provide to these specialists. **You must notify our specialist prior to the end of your initial consultation** that you would like this to occur. If you do not request this to occur **at this time**, you will need to contact your referring practitioner for a copy.

Reports are sent via secure email through Barracuda (noreply@barracuda.com). Barracuda will require you to create a free account and password. Once created you will be able to access and download the documents. Please allow one week to compile and send reports. Check your junk mail from this email address should you not receive after this period. Barracuda reports must be downloaded onto a device within two (2) weeks of being sent, otherwise the link will expire. We recommend using Google Chrome to open Barracuda.

ZERO TOLERANCE POLICY

Please be respectful to our staff, as they are only trying to assist you to navigate a very complex space which vestibular testing necessitates. Any abuse to them will not be tolerated and will result in refusal of service.

Should you have any further questions, please do not hesitate to contact us on: 07 4410 9490.

Kindest Regards

QLD Vestibular + Cochlear Clinic

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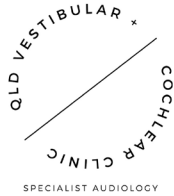
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CONTRAINIDCATED MEDICATIONS FOR ASSESSMENTS

(Partial list of main drugs)

The following lists note medications and natural supplements that are **not permitted**, and the time required to be off these medications. This list is an indication only and is not limited to. **Should you be taking any other medications or supplements not listed below that you are concerned about taking prior to your assessment/s you must contact our clinic as soon as possible to ensure you do not forfeit your deposit.** It is the patient's responsibility to ensure they meet these requirements.

Cease Taking 48 Hours Prior:

- ✘ Stemetil
- ✘ Hypnodorm (48 hours)
- ✘ Prednisone
- ✘ Pro Calm
- ✘ Serc/Betahistine/Setear

Cease Taking 24 Hours Prior:

- ✘ Aixit
- ✘ Amitriptyline
- ✘ Aspirin
- ✘ Effexor
- ✘ Endep
- ✘ Alcohol
- ✘ Lyrica
- ✘ Magnesium
- ✘ Mirtanza
- ✘ Mirtazapine
- ✘ Mobic
- ✘ Nortriptyline
- ✘ Ondansentron/Zofren
- ✘ Fluoxetine
- ✘ Prochlorperazine
- ✘ Propanal
- ✘ Propanal
- ✘ Proparaleol
- ✘ Sandomirgan
- ✘ Sodium
- ✘ Sumatriptain
- ✘ Topamax/Topiromate
- ✘ Tramadol
- ✘ Cannabis/Cannabis Oil

Cease Taking 12 Hours Prior:

- ✘ Morphine
- ✘ Melatonin
- ✘ Diazepam (Valium)
- ✘ Clonazepam (Klonopin)
- ✘ Temapezam (Restoril)
- ✘ Lorazepam
- ✘ Ibuprofen
- ✘ Paracetamol
- ✘ Lorazepam (Antivan)
- ✘ Alprazolam (Xanax)

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PERMITTED MEDICATIONS

- | | | |
|--|----------------------------|--------------------|
| ✓ Amlodipine | ✓ Eye drops (over counter) | ✓ Pro gout |
| ✓ Amoxicillin | ✓ Glicazide | ✓ Questran lite |
| ✓ Apo-tadalafil | ✓ Insulin | ✓ Quetiapine |
| ✓ Asthma puffers | ✓ Kilogest | ✓ Ramipril |
| ✓ Atenolol | ✓ Lamotrigine | ✓ Reflux meds |
| ✓ Atorvastatin | ✓ Lipitor | ✓ Rosuvastatin |
| ✓ Brexpiprazole | ✓ Metformin | ✓ Rosvzet |
| ✓ Byetta | ✓ Metrol | ✓ Salazopyrin |
| ✓ Candesartan | ✓ Micardis | ✓ Seretide |
| ✓ Cardiprin | ✓ Movica | ✓ Sertraline |
| ✓ Celxone injections | ✓ Nexium | ✓ Sodium Valproate |
| ✓ Clopidogrel | ✓ Noxicid | ✓ Zolof |
| ✓ Crestor | ✓ Omeprazole | ✓ Tegretol |
| ✓ Dothep /
Dothietin | ✓ Pantoprazole | ✓ Telmisavtan |
| ✓ Efcitalopram | ✓ Parachol | ✓ Tensig |
| ✓ Escitalopram | ✓ Pariat | ✓ Thyroxin |
| ✓ Escitalopram
Oxalate 10mg
(Only 24 hours
prior) | ✓ Perindopril | ✓ Zandip |

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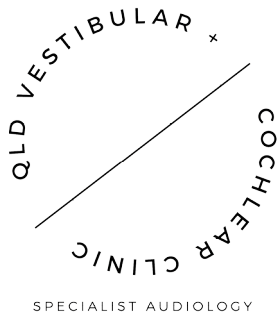
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